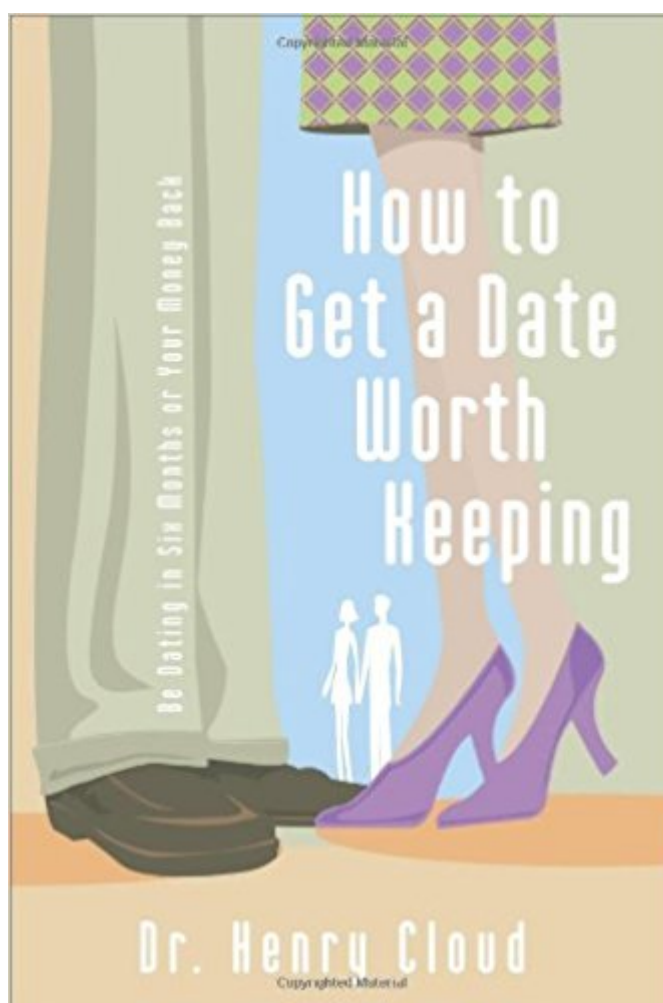


The book was found

How To Get A Date Worth Keeping: Be Dating In Six Months Or Your Money Back



Synopsis

It stinks, doesn't it. But what can you do to fix it? More than you've ever imagined. You can put an end to the datelessness. Starting today—right now—you can begin a journey that will bring fun and interesting people into your life, broaden your experience of others and yourself, and lead you toward that date of all dates—a date worth keeping. This book is for YOU if— You want to get more dates or better dates. You wonder where the good ones are. You keep repeating the same old cycle in your dating life and want to change it. You wonder why people who aren't as nice as you get all the dates. You're attracted to the wrong kind, while the right kind lack the chemistry. You're waiting for God to bring you the right person—and you've been waiting an awfully long time. You wonder what it is about you that fails to attract dates. With over ten years of experience personally coaching singles on dating, Dr. Henry Cloud shares his proven, very doable, step-by-step approach to overcoming your sticking points and getting all the dates you could want. The results speak for themselves. Filled with true-life examples you'll identify with instantly, *How to Get a Date Worth Keeping* will prove its worth to you many times over in the exciting months ahead.

Book Information

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Customer Reviews

Geared for the reported 3.5 million evangelical Christian singles in America, this guide by Cloud—author of the bestselling *Boundaries* series of relationship books—offers sound advice on the dating game. Some of his tenets may take Christian readers by surprise: he asserts, for example,

that there's no one Mr. or Ms. Right for each person, and that people should stop waiting around for a dream individual to sweep them off their feet. ("God guides and provides," Cloud states, "but he also requires us to do our part.") He also asserts that dating is not just a precursor to marriage, disagreeing with those Christians who refuse to date unless they glimpse a tiered wedding cake at the end of the rainbow. Non-serious dating, Cloud writes, is an essential step in the process of eventually finding a mate, because it teaches people what they need and want through trial and error. Cloud unveils a whole program for "getting out there" in the dating world: singles should keep a log of all the eligible people they meet; go places where other singles go (Cloud calls this "changing your traffic pattern"); consider joining a dating service; and forget the "love at first sight" myth. He even suggests dating non-Christians-which will raise some evangelical eyebrows-while repeating his proviso that dating is not marriage. Most of the book's examples are of women seeking men, but all Christian singles can benefit from this practical, down-to-earth manual. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

'...offers sound advice on the dating game....all Christian singles can benefit from this practical, down-to-earth manual.' (PW Religion Bookline)

I bought this book in 2004 but am writing my review in 2015. This book changed my life, and helped me find the man of my dreams, to whom I've been ecstatically married for 9 years (known him for 10). After going through a painful surprise divorce in 2001, following a 12 year lackluster marriage, I knew my "picking" abilities needed an overhaul, and this book helped me do that once I was ready to get back into the dating pool. I was in my early 40's at that time - a scary time to have to start over. Though the book is written from a Christian perspective, its main goal is to help you know yourself and truly get to know those that you date, whether you're religious/spiritual or not. I used this book thoroughly and daily, reading and re-reading questions and points in it before each time I went out in public and especially before and after a date. One of its revolutionary principles is to slow down and use dating for its true intentions -- to get to know each other and yourself, before being blinded by chemistry or prematurely committed to exclusivity. It asks you to really notice how you are as a person when you are with someone (Am I presenting only my ideal self? Am I not being real? Am I imagining he's someone he's not instead of seeing who is really there? Am I explaining away red flags in my mind?, etc.), and also notice whether the other person is doing these same things during the dating process. Using this book opened my eyes to the patterns of dating behaviors that had caused me to pick the wrong person the first time around. I realized I had

a habit of idealizing people, and letting them idealize me, so in essence each of us was not actually coming into contact with the real "self" of the other person at all! Using this book, I was able to stay real, notice if others were staying real, and go slowly enough to wait for someone who was mature, healthy, and ready for an equal relationship. I grew myself up and dealt with my insecurities. I got better at seeing early on whether others would be a good fit, and stopped trying to compensate for incompatibilities that were deal-breakers. I accepted each person as they were, instead of thinking about how things would be great if he changed this or that, or I did. I listened to my real needs, instead of explaining them away or letting them go underground. I began looking for a relationship with true equality. I noticed how I communicated, and how my date did. I noticed how we each handled stressful situations and difficult conversations. I learned the art of saying, "It was great meeting you but I don't think we're a good match," something I found difficult to do as a woman, and something I had never said in the past. I learned to trust that the right guy was out there, and I didn't have to be too fearful to hold out for him. As a result of all this, in 2006 I married the love of my life, and after 10 years we still can't look at each other's eyes when we disagree, because we'll break out in silly grins and dissolve into mutual "I love you's." Of course no relationship is perfect, and we sometimes have disagreements, but we still feel like we're on our honeymoon, and it's a true, grown-up, passionate, healthy relationship in which I become my best self, and he becomes his best self, because we're with each other. We've jointly raised both our kids, and weathered some pretty stressful situations together, and we're now in our 50's. I have recommended this book to others probably 50 times at least. There are no guarantees in life, but this book contains real gems, practical steps to try, and an insightful roadmap toward healthy self-awareness. Highly recommend!

This is a re-booting of 50s safety concerns for those trying to position themselves for online dating, the new "hanging out." Dr. Cloud does a wonderful job for those timid to meet face-to-face with potential love interests here by gently coaxing both sexes to refer to the good book occasionally and reminding both to be the best person inside before attracting their love interest. It explains on some levels the failure rate of marriages in the way the sexes went about their attractions without being grounded in the essentials that would guarantee a more lasting mate without admonishing or shaming. Part therapy, part re-booting of 50s safeguards with *The Word*. *The Word* does not err.

This book doesn't take into consideration the ages of those dating. It has a lot of interesting ideas, but for older women, it isn't quite as helpful.

This is a unique and refreshing perspective on dating relationships. It is a very interesting, thought provoking book that we have read ourselves and shared with our single kids in their 20s. We refer to it often and it comes up frequently in our discussions with our kids. The principles shared are applicable not only for singles but for all relationships. This book is a keeper for us and one we would recommend to others.

The book had some insightful thoughts and provoking ideas, but a nice portion of the book was on how to follow his dating steps which includes dating a bunch of people. I did not want to necessarily have steps thrown at me. I wanted to know more of what values and characteristics to look for, and what should be seen as automatic deal-breakers. This book was just not necessarily what I hoped it would be. Henry is absolutely great; I recommend his other dating book *Boundaries in Dating*. It was extremely helpful for me!

I would question the "date almost anyone once" concept but it is a good way to get the dating gears moving. I wish the authors had gone into more details of a progression of dating. I think once you're seasoned the "date almost anyone once" rule is a time-waster. Overall very good book and information.

Found this book to be a good read. I'm not a "dater" so it really opened my eyes and gave me the little "push" I needed to get out there. The reason for 4 stars is because it's not an easy read - as it's not a story. It is a great book for a book club though! I started one and it's been incredible to discuss this book with other women (or men) in the same boat.

There are realistic things provided in here to make dating easier and prevent you from a lot of pitfalls that singles fall into. However, I think it's a bit unrealistic for people not to consider whether or not a date could become a long term partner. But overall the message is great and is a great eye opener so you have to be prepared to face the truth and take a look at yourself in order to improve yourself and prepare to be the best you were created to be. Get ready!

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